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Sommario/riassunto	Schools can have a major effect on children's health by providing a healthy physical environment, serving meals and snacks built around sound nutritional guidelines, and teaching about health, as well as modeling and promoting healthy behaviours. School nurses, teachers, administrators, health coordinators, guidance counsellors and social workers all join with parents in safeguarding and promoting the health and well-being of school-aged children as a basic foundation for academic success. This reference book provides health and wellness information most relevant to children in schools.