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Formulations; 17 - The Sweat Lodge as Psychotherapy; 18 - Maat; 19 - Morita Therapy; 20 - Pagan Approaches to Healing; 21 - Yoga and Its Practice in Psychological Healing
22 - Holistic Healing, Paradigm Shift, and the New AgePART V: Finding the Link Between Traditional Healing and Therapy; 23 - Spiritual and Healing Approaches in Psychotherapeutic Practice; 24 - Psychotherapy as Ritual; 25 - The Healing Path; 26 - Herbalistas, Curandeiros, and Bruxas; 27 - Sharing Healing Secrets; Index; About the Editors; About the Contributors

Sommario/riassunto

Aimed at students in the field of counselling and psychotherapy this book examines traditional and cultural healing from a wide variety of traditions focusing particularly of those communities that are living in the West.
