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Nota di contenuto	Cover; Contents; Acknowledgments; Chapter 1 - Prospective Memory: A New Research Enterprise; What is a Prospective Memory Task?; Parameters of Prospective Memory Tasks; Execution of the Intended Action is not Immediate; The Prospective Memory Task is Embedded in Ongoing Activity; The Window for Response Initiation is Constrained; The Time Frame for Response Execution is Limited; There must be an Intention; Another consideration; Conclusions; Scientific Study of Prospective Memory; A Typical Paradigm; Chapter 2 - Monitoring in Prospective Memory; Attentional Monitoring; Test-Wait-Test-Exit Factors Involved in Initiating MonitoringPreparatory Attentional Processes; Increasing Attentional Demands of the Ongoing Activity; The Cost of Adding a Prospective Memory Intention to the Ongoing Activity; A Formal Measurement Model; To Monitor or Not to Monitor: When is the Question; Strategic Allocation of Monitoring; Prospective Memory Retrieval Mode; Summary; Chapter 3 - Spontaneous Retrieval in Prospective Remembering; Costs of Prospective Memory: Always Present?; Spontaneous Retrieval; Spontaneous Retrieval as a Reflexive Associative Memory Process; Spontaneous Noticing; Familiarity Discrepancy Plus AttributionExogenous Determinants of Noticing; Summary; Chapter 4 - Multiprocess Theory of Prospective Memory; An Advantage of the Multiprocess Theory; Multiprocess Theory; Parameters

of the Ongoing Task; Ongoing Tasks and Focal Processing of the Target; Focal Processing; Ongoing-Task Absorption and Demands; Parameters of Prospective Memory Cues; Target Cue Distinctiveness; Associativity of the Target Cue with the Intended Action; Importance of the Prospective Memory Task; Length of the Prospective Memory Retention Interval  
Individual Differences and Intra-individual DifferencesWorking Memory; Personality Variables; Intra-Individual Differences; A Cautionary Methodological Note Concerning Research on Individual Differences; Planning; Summary; Chapter 5 - Storage and Retention of Intended Actions; Goschke and Kuhl's Paradigm; Extending the Intention Superiority Effect; What Produces the Intention Superiority Effect?; The ACT Model; A Motor Encoding Interpretation of the Intention Superiority Effect; Summary and Future Directions; Retention of Intended Actions Over Time: Immune to Forgetting?  
Retrieval of Intentions During the Retention IntervalEffects of Retrieval in the Retention Interval; Reminders During the Retention Interval; Summary; Chapter 6 - Planning and Encoding of Intentions; Planning; Implementation Intentions; Theoretical Mechanisms Underlying Implementation Intentions; Heightened Accessibility; Automatic Intention Triggering; Efficient Action Initiation; Individual Differences; Summary; Chapter 7 - Prospective Memory and Life Span Development; Prospective Memory in Children; Age 7 and Younger; Summary; Prospective Memory in Older Adults  
Semi-Naturalistic Prospective Memory Tasks

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## Sommario/riassunto

When we think of memory, we typically think of remembering past events. However, there is another sort of memory for actions to be performed in the future, called prospective memory. This text provides an overview and synthesis of the theoretical and empirical work on this topic.

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