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The environmental archaeological evidence from the site of Flixborough (in particular the animal bone assemblage) provides a series of unique insights into Anglo-Saxon life in England during the 8th to 10th centuries. The research reveals detailed evidence for the local and regional environment, many aspects of the local and regional agricultural economy, changing resource exploitation strategies and the extent of possible trade and exchange networks. Perhaps the most important conclusions have been gleaned from the synthesis of these various lines of evidence, viewed in a broader archaeologic