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Titolo Grief counseling and grief therapy: a handbook for the mental health

practitioner / / J. William Worden

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Nota di contenuto

Attachment, loss, and the experience of grief -- Understanding the mourning process -- The mourning process: mediators of mourning -- Grief counseling: facilitating uncomplicated grief -- Abnormal grief reactions: complicated mourning -- Grief therapy: resolving complicated mourning -- Grieving special types of losses -- Grief and family systems -- The counselor's own grief -- Training for grief

counseling.

Sommario/riassunto The fifth edition includes updates to the author's Tasks and Mediators

of Mourning, new case studies, and valuable Instructor Resources. The text highlights recent initiatives to extend care to the bereaved and fosters the knowledge and skills required for effective intervention and even preventative treatment. Also addressed is the impact of social media and online resources for "cyber mourning," changes in the DSM-5 as they influence bereavement work, alternate models of mourning. and new findings on the varied qualities of grief. The fifth edition continues to present a well-organized, concise format that is easy to read and provides critical information for master's level health courses in grief counseling and grief therapy as well as for new and seasoned practitioners alike. New to the Fifth Edition: Refinements to the author's

TASKS of Mourning New considerations regarding Mediators of

Mourning on social variables The impact of social media and online resources on "cyber mourning" Complicated spiritual grief after mass shootings and other catastrophes Changes in the DSM-5 as they influence bereavement work Cross-cultural and multifaceted counseling for specialized grief, including grandparent's grief, prolonged grief disorder, and HIV-AIDS-related bereavement Updated information on grief and depression New case studies and updated references Includes reflection and discussion questions in each chapter"-- Publisher's summary.