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Descrizione fisica	1 online resource (54 pages)
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Note generali	Co-published with Cognella Academic Publishing.
Nota di bibliografia	Includes bibliographical references (pages 34-37) and index.
Nota di contenuto	1. The implications of body image -- 2. What is an eating disorder -- 3. Symptoms of an eating disorder -- 4. What are the risks associated with an eating disorder -- 5. Causes & triggers -- 6. Caring for yourself and others -- 7. Treatment and resources -- Notes -- Index.