

1. Record Nr.	UNINA9910466103803321
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Titolo	How should we reduce obesity in America? // Andy Mead
Pubbl/distr/stampa	[Ashland, Kentucky] : , : National Issues Forums, , 2016 ©2016
Descrizione fisica	1 online resource (28 pages) : color illustrations, photographs
Disciplina	616.398
Soggetti	Obesity Obesity - Psychological aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	This short report asks: How should we reduce obesity in America? It presents three different options: Help People Lose Weight; Improve the Way Our Food Is Produced and Marketed; and Create a Culture of Healthy Living and Eating.