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Altri autori (Persone)	TurkingtonDouglas BergeTorkil GraweRolf W
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Psychosis; 11 Implementing cognitive behaviour therapy for psychosis; Part III CBT and co-occurring problems; 12 The treatment of substance misuse in people with serious mental disorders; 13 treating trauma in people with first-episode psychosis using cognitive behavioural therapy; 14 Integrating the family in the treatment of psychotic disorders  
15 Psychological interventions to improve work outcomes for people with psychiatric disabilitiesPart IV CBT and bipolar disorders; 16 The psychology of bipolar disorders; 17 Cognitive theory and therapy of bipolar disorders; Name index; Subject index

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Sommario/riassunto

This book offers a new approach to understanding and treating psychotic symptoms using Cognitive Behavioural Therapy (CBT). CBT for Psychosis shows how this approach clears the way for a shift away from a biological understanding and towards a psychological understanding of psychosis. Stressing the important connection between mental illness and mental health, further topics of discussion include:the assessment and formulation of psychotic symptomshow to treat psychotic symptoms using CBTCBT for specific and co-morbid conditions CBT of

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