Record Nr. UNINA9910465835303321 Autore Malunga Chiku Titolo Power and influence [[electronic resource]] : self-development lessons from African proverbs and folktales // Chiku Malunga; foreword by Michael Edwards Pubbl/distr/stampa Lanham, Md., : University Press of America, c2012 **ISBN** 0-7618-5873-3 Descrizione fisica 1 online resource (170 p.) Altri autori (Persone) EdwardsMichael 158.1 Disciplina Soggetti Self-help techniques Proverbs, African Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto POWER AND INFLUENCE; Contents; Foreword; Preface; Chapter 1: The Emerging Age of Wisdom; Chapter 2: Purpose; Chapter 3: Concentration; Chapter 4: Turning Vision to Work; Chapter 5: Building Mental Power; Chapter 6: Growing One's Money Tree; Chapter 7: Time Management; Chapter 8: 'Self' in Self-development; Chapter 9: Influence; Chapter 10: Self-Development and Leadership; Chapter 11: Conclusion: Appendix 1: Power and Influence Proverbs: Appendix 2: Personal Development Self Assessment Tool; Appendix 3: Selfdevelopment Interventions; Bibliography; Index; About the Author Sommario/riassunto This book demonstrates how the indigenous wisdom contained in African proverbs and folktales can be used to enhance modern life. The timeless wisdom enriches the understanding of self-development and positive influence, contributing towards the much-needed, crosscultural dialogue among individuals, organizations, and societies in this

increasingly diversified world.