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Autore	Scurfield Raymond Monsour
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Altri autori (Persone)	PlatoniKatherine Theresa
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Nota di contenuto

Cover; Healing War Trauma: A Handbook of Creative Approaches; Copyright; Contents; Notes on Contributors; Series Editor's Foreword; Preface; Acknowledgments; 1 Innovative Healing Approaches to War Trauma; Part I Surviving Both War and the Battles Back Home; Introduction; 2 Survival Modes, Coping, and Bringing the War Home: From Vietnam to Iraq and Afghanistan; 3 Veterans' Advocacy: Social Justice and Healing Through Activism; Part II Culture-Specific and Community-Based Approaches; 4 Culture-Specific Pathways to Healing and Transformation for War Veterans Suffering PTSD

5 The Journey Home, Quilt, and Pillow Pal Ceremonies: A Gift of Love6 Veterans' Sanctuary: The Journey to Open a Therapeutic Community; Part III Expressive-Experiential Approaches; 7 Metaphor as Heroic Mediator: Imagination, Creative Arts Therapy, and Group Process as Agents of Healing with Veterans; 8 Writing by Service Members and Veterans: A Medium to Promote Healing in Self and Others; 9 War-Related Traumatic Nightmares as a Call to Action; Part IV Mind-Body Approaches; 10 Mindful-Awareness Practice to Foster Physical, Emotional, and Mental Healing with Service Members and Veterans11 Hypnotherapy in the Wartime Theater: OIF, OEF, and Beyond12 Cranial Electrotherapy Stimulation (CES) with Alpha-Stim: Mild Electrical Triage of the Brain with War Veterans; Part V Animal Assisted and Outdoor Approaches; 13 Service Dogs and Other Canine Assistance Services for Wounded Warriors; 14 Back in the Saddle and Scuba Warriors: Innovative Therapies to Healing; Part VI Technological and Web-Based Approaches; 15 Healing Combat Trauma: The Website, the Vision, the Impact

16 SimCoach: An Online Intelligent Virtual Human Agent System for Breaking Down Barriers to Care for Service Members and VeteransPart VII Other Creative Approaches; 17 Resolving Combat-Related Guilt and Responsibility Issues; 18 Slogging the Bog of War to Return to the World of Work; 19 Spirituality in Facilitating Healing from War Trauma; Afterword: War Trauma Resources; Index

Sommario/riassunto

Healing War Trauma details a broad range of exciting approaches for healing from the trauma of war. The techniques described in each chapter are designed to complement and supplement cognitive-behavioral treatment protocols-and, ultimately, to help clinicians transcend the limits of those protocols. For those veterans who do not respond productively to-or who have simply little interest in-office-based, regimented, and symptom-focused treatments, the innovative approaches laid out in Healing War Trauma will inspire and inform both clinicians and veterans as the

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