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Altri autori (Persone)	LarkinMaria
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Nutrition counseling -- Clinical features of eating disorders -- Course of treatment -- The process of counseling -- Counseling interventions -- pt. 2. Tools -- Food planning -- Self-monitoring -- Levels of care -- pt. 3. Treatment -- Assessing weight -- Restoring weight -- Treating binge eating -- Managing purging -- Managing exercise -- Working with families.
Sommario/riassunto	Marcia Herrin and Maria Larkin have collaborated on the second edition of Nutrition Counseling in the Treatment of Eating Disorders, infusing research-based approaches and their own clinically-refined tools for managing food and weight-related issues. New to this edition is a section on nutrition counseling interventions derived from cognitive behavioral therapy-enhanced, dialectical behavioral therapy, family-based treatment, and motivational interviewing techniques. Readers will appreciate the state of the art nutrition and weight assessment guidelines, the practical clinical techni