Record Nr. UNINA9910465565103321 Autore Schmidt Leigh Eric Titolo Restless souls [[electronic resource]]: the making of American spirituality / / Leigh E. Schmidt Berkeley, : University of California Press, c2012 Pubbl/distr/stampa **ISBN** 1-283-54323-0 9786613855688 0-520-95411-4 Edizione [2nd ed.] Descrizione fisica 1 online resource (361 p.) Disciplina 204.0973 Spirituality - United States - History Soggetti Electronic books. United States Religion Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Frontmatter -- Contents -- Preface To The Second Edition --Introduction: Spirituality In The Making -- Chapter One. Mystic Club --Chapter Two. Solitude -- Chapter Three. The Piety Of The World --Chapter Four, Meditation For Americans -- Chapter Five, Freedom And Self-Surrender -- Chapter Six. Seekers -- Epilogue: Be Gentle With Yourself -- Notes -- Index Sommario/riassunto Yoga classes and Zen meditation, New-Age retreats and nature mysticism-all are part of an ongoing religious experimentation that has surprisingly deep roots in American history. Tracing out the country's Transcendentalist and cosmopolitan religious impulses over the last two centuries, Restless Souls explores America's abiding romance with spirituality as religion's better half. Now in its second edition, including a new preface, Leigh Eric Schmidt's fascinating book provides a rich account of how this open-road spirituality developed in American culture in the first place as well as a sweeping survey of the liberal

religious movements that touted it and ensured its continued vitality.