

1. Record Nr.	UNINA9910465520103321
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Titolo	Happy ever after? [[electronic resource] ] : a practical guide to relationship counselling for clinical psychologists // Bruce Stevens and Malise Arnstein
Pubbl/distr/stampa	Bowen Hills, Qld., : Australian Academic Press, 2011
ISBN	1-921513-80-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (191 p.)
Altri autori (Persone)	ArnsteinMalise
Disciplina	299 616.8915 616.891562
Soggetti	Couples therapy Psychotherapy Clinical sociology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents; Acknowledgments; Introduction: Clinical psychology and relationship counselling; Historical perspective, including systems theory; The first interview and initial assessment; The assessment of the relationship, including conflict; Emotional processes underlying relationship conflict; The sexual affair; Sex therapy: The scope and the challenges; When personality disorder adds to relationship problems; Additional considerations: Different happy couples; Self-psychology and couples therapy: The building blocks for a focus on couple inter-affectivity; Appendix - Family-of-Origin scale EndnotesReferences
Sommario/riassunto	Much relationship counselling today is conducted by generalist psychologists, social workers, and counsellors. Yet there is a strong case for a greater role for clinical psychologists. Accurate assessment during couples therapy is essential, the dynamics between people are complex, and the process is potentially very demanding of clinical skills. This book provides an opportunity to make the argument for greater involvement in relationship counselling by the clinical

psychology profession and to guide both clinical students and  
practitioners toward an informed and integrated approach to relati

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