Record Nr. UNINA9910465487603321 Case studies in clinical psychological science: bridging the gap from **Titolo** science to practice / / edited by William O'Donohue, Scott O. Lilienfeld Pubbl/distr/stampa Oxford, [England];; New York, New York:,: Oxford University Press,, 2013 ©2013 **ISBN** 0-19-023005-3 1-299-22389-3 0-19-990826-5 Descrizione fisica 1 online resource (496 p.) 616.89 Disciplina Soggetti Clinical psychology Psychotherapy Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Includes index. Nota di bibliografia Includes bibliographical references and index. Cover; Contents; Preface; Contributors; Introduction: Case Formulation Nota di contenuto and Clinical Science; PART I: Childhood Disorders; 1. Tailoring Parent-Child Interaction Therapy for Oppositional Defiant Disorder in a Case of Child Maltreatment: Commentary: Response: 2. Attention Deficit/Hyperactivity Disorder (ADHD); Commentary; Response; 3. Behavior Analytic Treatment of Behavioral Excesses and Deficits of Autism: The Case of Jorge; Commentary; Response; PART II: Mood Disorders; 4. Treatment of Depression; Commentary; Response; 5. Psychiatric Treatment of Bipolar Disorder: The Case of Janice CommentaryResponse; PART III: Anxiety Disorders; 6. Panic Disorder with Agoraphobia: A Case Illustration with Treatment Decisions Informed by Clinical Science; Commentary; Response; 7. Treatment of Complex PTSD: The Case of a Torture Survivor; Commentary; Response; 8. Treatment of Social Anxiety Disorder: A Case Complicated by Panic Disorder; Commentary; Response; 9. Psychological Treatment of Obsessive-Compulsive Disorder: The Case of Cassie: Commentary:

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## Sommario/riassunto

In the past few decades clinical science has emerged as a prominent model for training and practice in clinical psychology. This model emphasizes evidence derived from high-quality research and is consistent with the increasingly influential evidence-based movement in medicine, which is a vital step toward making psychotherapy more effective, efficient, and safe. Despite this trend, much current psychological practice is not evidence-based; moreover, there is a marked dearth of resources available to train students and assist practitioners with the challenging goal of translating science into