

1. Record Nr.	UNINA9910465440703321
Autore	Bryant-Waugh Rachel
Titolo	Eating disorders : a parents' guide // Rachel Bryant-Waugh and Bryan Lask
Pubbl/distr/stampa	Hove, East Sussex [England] ; ; New York : , : Routledge, , 2013
ISBN	0-203-37522-X 1-299-28037-4 1-135-06770-8
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (201 p.)
Altri autori (Persone)	LaskBryan
Disciplina	616.85/2600835
Soggetti	Eating disorders in children Eating disorders in adolescence Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	What are eating disorders? -- What causes eating disorders? -- How do I know if my child has an eating disorder? -- What can I do? general principles -- What can I do? specific problems -- Who should I consult and what will they do? -- What about the future? -- Case vignettes.
Sommario/riassunto	Eating problems are common in children and teenagers. Yet myths about such problems abound and it can be very difficult to separate the facts from popular beliefs; unusual or disturbed eating patterns can be understandably bewildering and distressing for parents. Whatever aspect of your child's eating behaviour is causing you concern, this book will help you understand some of the more common reasons why problems arise, and will give you advice on what you and others can do to manage the situation. Written by two experienced clinicians, this new edition of Eati