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Nota di contenuto	Cover; Foreword; Preface; Contents; List of contributors; Plates; 1 Role and responsibilities of psychiatrists; Andrea Fiorillo, Umberto Volpe, and Dinesh Bhugra; 2 How to develop leadership skills; Alex Till, Andrea Fiorillo, and Dinesh Bhugra; 3 Evaluating mental healthcare systems by studying pathways to care; Adriana Mihai, Vesna Jordanova, Umberto Volpe, and Norman Sartorius; 4 Managing self: time, priorities, and well-being; Nikolina Jovanovic, Andrea Fiorillo, and Wulf Rossler; 5 Managing financial resources in healthcare settings; Amit Malik, Clive Field, and Philip Gorwood 6 Managing difficult people in the workplaceJulian Beezhold, Nagendra Bendi, and Mariana Pinto da Costa; 7 Managing the media; Nicholas Deakin, Max Pemberton, and Dinesh Bhugra; 8 Mentoring and career coaching; Umberto Volpe, Andrea Fiorillo, Nikolina Jovanovic, and Dinesh Bhugra; 9 How to organize and manage scientific meetings; Olivier Andlauer, Carla Obradors-Tarrago, Clare Holt, and Driss Moussaoui; 10 Raising funds for research and educational activities; Martina Rojnic Kuzman, Umberto Volpe, and Dinesh Bhugra; 11 Medical mobility: how to gain further skills Maria Orlova, Marisa Casanova Dias, Domenico Giacco, and Marc H.M.

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Sommario/riassunto	Providing detailed tips and advice to ensure early career psychiatrists and those that wish to enhance their practical psychiatry skills are prepared for all scenarios.