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Descrizione fisica	1 online resource (268 p.)
Collana	100 key points
Altri autori (Persone)	GeorgeEvan <1951-> IvesonChris
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Soggetti	Solution-focused brief therapy Solution-focused therapy Electronic books.
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Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	pt. 1. Background -- pt. 2. Features of solution focused interviewing -- pt. 3. Getting started -- pt. 4. Establishing a contract -- pt. 5. The client's preferred future -- pt. 6. When has it already happened? : instances of success -- pt. 7. Measuring progress : using scale questions -- pt. 8. Coping questions : when times are tough -- pt. 9. Ending sessions -- pt. 10. Conducting follow-up sessions -- pt. 11. Ending the work -- pt. 12. Assessment and safeguarding -- pt. 13. Children, families, schools, and groupwork -- pt. 14. Work with adults -- pt. 15. Supervision, coaching, and organizational applications -- pt. 16. Frequently asked questions.
Sommario/riassunto	"Solution Focused Brief Therapy: 100 Key Points and Techniques provides a concise and jargon-free guide to the thinking and practice of this exciting approach, enabling people to make changes in their lives quickly and effectively. It covers: - This history and background to solution focused practice - The philosophical underpinnings of the approach - Dealing with difficult situations - Specific applications to children, adolescents, families, and schools - Organisational

applications including supervision, coaching and leadership. -
Frequently asked questions This book is an invaluable resource for all
therapists and counsellors, whether in training or practice. It will also
be essential for any professional whose job it is to help people make
changes in their lives, and will therefore be of interest to social
workers, probation officers, psychiatric staff, doctors, and teachers, as
well as those working in organisations as coaches and managers"--
