

1. Record Nr.	UNINA9910465208703321
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Titolo	Working with young men [[electronic resource]] : activities for exploring personal, social and emotional issues // Vanessa Rogers
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2010
ISBN	1-283-90509-4 0-85700-282-1
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (178 p.)
Disciplina	362.7
Soggetti	Problem youth - Services for Social work with youth Young men - Psychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	FRONT COVER; Working with Young Men, Second Edition: Activities for Exploring Personal, Social and Emotional Issues; Contents; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; INTRODUCTION; 1. Setting Up a Young Men's Group; 2. Getting Started; 2.1 Hands; 2.2 Hieroglyphics icebreaker; 2.3 Pop art portrait; 2.4 Hand sculptures; 2.5 Welcome to my world; 2.6 Tell me about you...; 2.7 Detectives; 2.8 Gingerbread men; 2.9 If I was ...; 2.10 Animals at the waterhole; 2.11 Pack of cards; 2.12 Picture postcards; 2.13 Perfect pairs; 2.14 Movie cards; 2.16 Dot pairs; 2.15 Anagrams; 3. Developing Communication Skills 3.1 Advertising me 3.2 Making my voice heard; 3.3 Active listening; 3.4 Effective communication; 3.5 Body language game; 3.6 Living at home; 3.7 Who is confident?; 3.8 Yes/no game; 3.9 Leadership self-assessment; 3.10 The bus stop; 3.11 Tamus Square; 4. Expressing Emotions; 4.1 Understanding assertiveness; 4.2 How assertive are you?; 4.3 Passive/assertive/aggressive; 4.4 Assertiveness quiz; 4.5 That makes me angry!; 4.6 Anger: think, feel, do; 4.7 Chain argument; 4.8 Wall of anger; 4.9 Name that feeling!; 4.10 Personal boundaries; 4.11 Space; 4.12 Express yourself; 4.13 Worry map

4.14 Self-esteem - what is it? 4.15 Expressing emotions; 4.16 Stress out; 4.17 Stress gallery; 5. Exploring Values and Attitudes; 5.1 First impressions; 5.2 To be a man; 5.3 Word bag; 5.4 Gender rules activity; 5.5 Acceptable/unacceptable; 5.6 What's in a name; 5.7 Jobs for the boys; 5.9 Images; 5.8 Men in the news; 5.10 Positive relationships; 6. Taking Risks; 6.1 Risky behaviour; 6.2 Crime sheet; 6.3 Alcohol value maps; 6.4 Would have/should have; 6.5 The truth, the whole truth...; 6.6 How safe is safe?; 6.7 Sexual health myth or fact?; 6.8 What happened next?; 6.9 Personal safety
6.10 Follow the crowd 7. Working Together; 7.1 Fill the bottle; 7.2 Pass the peanut; 7.3 Rip it up!; 7.4 Blindfold trust game; 7.5 Don't fall in; 7.6 Pass the sound; 7.7 The sun shines on...; 7.8 Jigsaw trial; 7.9 Peg it!; 8. Endings; 8.1 Evaluation tree; 8.2 Personal assessment; 8.3 Chain reaction; 8.4 Appreciation web; 8.5 Positive steps; 8.6 Treasured comments; 8.7 Evaluation shields; 8.8 Evaluation questionnaire; 8.9 Action planning; 8.10 Evaluation wall; 8.11 Video diary; USEFUL WEBSITES

Sommario/riassunto

Working with Young Men offers a wealth of positive group activities to engage, motivate and meet the needs of young men. Designed to help them improve their self-esteem and develop leadership skills, this book is full of fun and imaginative activities that explore issues such as anger, peer pressure, risk-taking and emotional health and well-being.
