

1. Record Nr.	UNINA9910465195203321
Titolo	Music therapy and addictions [[electronic resource] /] / edited by David Aldridge and Jorg Fachner
Pubbl/distr/stampa	London, : Jessica Kingsley, 2010
ISBN	1-283-90510-8 0-85700-294-5
Descrizione fisica	1 online resource (178 p.)
Altri autori (Persone)	AldridgeDavid <1947-> FachnerJorg
Disciplina	616.86065154
Soggetti	Compulsive behavior - Alternative treatment Music therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	FRONT COVER; Music Therapy and Addictions; Contents; Introduction: Coherence and Timing; 1 Music Therapy, Drugs and State-dependent Recall; 2 Authenticity and Intimacy: The Experience of Group Music Therapy for Substance Dependent Adults Living in a Therapeutic Community; 3 Drug Addicts and Their Music: A Story of a Complex Relationship; 4 The Role of Music Therapy in Helping Drug Dependents; 5 'How to Deal with Music'? Music Therapy with Clients Suffering from Addiction Problems: Enhancing Coping Strategies; 6 Music Therapy with Chemically Dependent Clients: A Relapse Prevention Model; 7 Music Therapy as a Part of Drug Rehabilitation: From Adhering to Treatment to Integrating the Levels of Experience; 8 Gambling Addiction: Evaluation of a Multimethod Treatment Programme Including Music Therapy; Chapter 9 The Aldridge Model: An Ecological Systemic Approach; THE CONTRIBUTORS; REFERENCES; SUBJECT INDEX; AUTHOR INDEX
Sommario/riassunto	This research-based, practical book demonstrates how music and music therapy can be applied in a variety of treatment settings to bring about therapeutic change. This book will be of interest to music therapists, substance abuse counsellors and anybody else interested in

the relationship between music and addiction and the therapeutic use of music.

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