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Nota di contenuto	Cover; Contents; Contributors; Glossary; A; C; D; E; G; I; M; O; P; R; T; 1 What is multiple sclerosis?; 2 What does it mean to have MS?; 3 Who gets MS?; 4 Is MS hereditary?; 5 What causes MS? Meet the immune system; 6 What causes MS? Is it really the immune system?; 7 Which drugs may help suppress MS?; 8 Which non-conventional treatments may help suppress MS?; Useful websites; Index; A; B; C; D; E; F; G; H; I; J; L; M; N; O; P; Q; R; S; T; U; V; W; Z
Sommario/riassunto	Multiple Sclerosis (MS) is thought to affect almost 2.5 million people worldwide. With the arrival of several new MS drugs and increased availability of information on the internet, many people are confronted by an overwhelming number of information sources about how best to manage their condition. This new book explains, in a clear and accessible way, what is currently known about MS. It provides an explanation of the disease process, symptoms, diagnosis, and how drugs and alternative approaches to disease management work. It also provides supplementary information on how lifestyle and diet ch