Record Nr. UNINA9910465189903321 Autore Abrahams Hilary <1941-> Titolo Rebuilding lives after domestic violence [[electronic resource]]: understanding long-term outcomes / / Hilary Abrahams; foreword by Jenni Murray London;; Philadelphia,: Jessica Kingsley Publishers, 2010 Pubbl/distr/stampa **ISBN** 1-283-90615-5 0-85700-320-8 Descrizione fisica 1 online resource (210 p.) Disciplina 362.82/92 Soggetti Abused wives - Rehabilitation Abused wives Children of abused wives - Rehabilitation Marital violence - Psychological aspects Social networks Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and indexes. Nota di contenuto Rebuilding Lives after Domestic Violence: Understanding Long-Term Outcomes; Foreword; Introduction; About the project; About the book; Making the choice to respond; 1: A New Journey -With Old Baggage; Hopes and expectations; Effects of domestic violence and abuse; Making sense of the effects of abuse; The process of leaving; An emotional roller coaster; Summary; 2: The Transformation of Home; Women and home; Where shall I go?; Getting a property; Condition and maintenance; It's mine!; Settling in, moving on; Summary; 3: Building Support Systems; Working together Dealing with the nuts and boltsBuilding the capacity to cope; Moments of uncertainty; Saying goodbye; Help from the police; Approaching

other agencies; Sorting out problems; Refuge workers' perceptions of their role; Families; Growth and change; Conclusion; Summary; 4:

Community, Friendship and Beyond; Part of the community; Friendships with former residents; Feelings of loss and loneliness; 'Different place, same crap'; Changing outcomes; Finding their own pathways; Summary;

5: Managing a New Life; Counting the pennies; Managing debt; The costs of working; Gaining qualifications

No way forwardPathways into work; Taking a break; Safety; Summary; 6: Health and Well-being; Physical health; Coping behaviours and strategies; Back from the brink; Easing the pain in daily life; Taking a stand; Good days, bad days; Someone to listen; Barriers to seeking help; Summary; 7: What About the Children?; On leaving; What domestic violence meant for the children: The consequences of abuse: Services: Education: Contact; Parenting: The changing family: A new picture; Summary; 8: The View from Here; A new way of being; Realignment; The refuge; Life after leaving; Rebuilding a life Women for women services? Conclusion: Summary: 9: Looking Forward. Looking Back; Moving forward; Reaching out to others; Messages from a new life; A final thought; Appendix 1: About the Project; Background; Theoretical approach: Making contact; Method: Ethical considerations: Participants; Appendix 2: Precis of Topic Guide for Interviews; Appendix 3: Resource Materials; Bibliography; Subject Index; Author Index

## Sommario/riassunto

Rebuilding Lives after Domestic Violence examines in-depth the longterm outcomes for women who have suffered domestic violence and abuse, based on interviews conducted over seven years. Through these interviews the author reveals the factors which help or hinder a successful transition from abusive relationship to independent living.