Record Nr. UNINA9910465115003321 Strategies to reduce sodium intake in the United States [[electronic **Titolo** resource] /] / Committee on Strategies to Reduce Sodium Intake, Food and Nutrition Board; Jane E. Henney, Christine L. Taylor, and Caitlin S. Boon, editors Pubbl/distr/stampa Washington, DC,: National Academies Press, c2010 **ISBN** 1-282-88563-4 9786612885631 0-309-14806-5 Descrizione fisica 1 online resource (507 p.) Altri autori (Persone) HenneyJane E. <1947-> TaylorChristine Lewis BoonCaitlin S Disciplina 613.2/85 Soggetti Nutrition policy - United States Sodium in the body - United States Salt-free diet - United States Food - Sodium content - United States Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. ""Front Matter""; ""Reviewers""; ""Preface""; ""Contents""; ""Summary""; Nota di contenuto ""1 Introduction""; ""2 Sodium Intake Reduction: An Important But Elusive Public Health Goal""; ""3 Taste and Flavor Roles of Sodium in Foods: A Unique Challenge to Reducing Sodium Intake""; ""4 Preservation and Physical Property Roles of Sodium in Foods"": ""5 Sodium Intake Estimates for 2003-2006 and Description of Dietary Sources""; ""6 The Food Environment: Key to Formulating Strategies for Change in Sodium Intake""; ""7 The Regulatory Framework: A Powerful and Adaptable Tool for Sodium Intake Reduction"" ""8 Committee's Considerations and Basis for Recommendations"""9 Recommended Strategies to Reduce Sodium Intake and to Monitor Their

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