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Nota di contenuto	Foreword; Chapter 1. The Loss of My God; Chapter 2. The Primal Fear; The Functions and Purpose of Religion; Revealed and Natural Theology; Is Death the End of Life?; The Crisis of Faith; Belief in Afterlife; A Personal Note; Chapter 3. The Anxiety of Existence; Fear is Not Anxiety: Anxiety is Not Fear; Angst der Kreatur; The Anxiety of Existence; Binding Anxiety; Chapter 4. Loss; Normative Versus Catastrophic; Replaceable Versus Irreplaceable; Death as Evolving or Sudden; Two Approaches in Dealing with Catastrophic and Irreplaceable Loss; Chapter 5. Courage Paul Tillich and "The Courage To Be" Rollo May and the Levels of Power; Viktor Frankl and the Quest for Meaning; Chapter 6. Self; Differentiation and Fusion; Solid Self and Pseudo Self; Criticism and Self-Esteem; Brief Summary of Steps to Solid Self; Chapter 7. Belief; The Power of Belief; New Beginnings; A Question; Beliefs and Constructs; Your God Construct; Be Your Constructs; Chapter 8. Constructing Reality; Epistemology; What Is Truth?; First Order Truth and Second Order Truth; Radical Constructivism; Reconstructing and Constructing Reality; Chapter 9. Ethics The Question of Authority: Who or What Says So? Motivation in the Moral Behavior of Children; The Golden Rule of Empathic Reciprocity; Kant's Categorical Imperative; The Sermon on the Mount and the Second Great

Commandment; The Canons; Authority Again; Chapter 10. Values and Meaning; Value Creates Meaning; Existence Precedes Essence; Actualizing Values; Trisha; Afterthoughts; Glossary; Bibliography; Index

Sommario/riassunto

Increasing numbers of disillusioned and thoughtful persons find they can no longer maintain a simplistic concept of theism, be it Christian, Jewish, or Islamic. But the shock that comes with loss of faith, and the challenges of learning to restructure one's life if one has been a believer, can seem overwhelming. ""Aftermath"" gives a sound foundation for building a meaningful life without god.
