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Titolo	Angels at the table : a practical guide to celebrating Shabbat / / Yvette Alt Miller
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Nota di contenuto	Contents; 1 Greeting the angels: an overview of Shabbat; 2 Rules and laws of Shabbat; 3 Shabbat evening; 4 Drawing close to God: blessings at the Shabbat dinner table; 5 An evening of holiness: Shabbat dinner and after; 6 Shabbat early morning; 7 Finding a community: Shabbat morning services; 8 The beauty that is Shabbat lunch; 9 The holiness of Shabbat afternoon; 10 Saturday evening; 11 Torah questions for your Shabbat table; 12 Songs for Shabbat; 13 Activities on Shabbat; 14 Easy, traditional Shabbat recipes; 15 "Birkat HaMazon": the blessings after a meal; Appendix; Index; Acknowledgements
Sommario/riassunto	At last, a clear, practical guide to the weekly Jewish holiday of Shabbat, celebrated by Jews around the world. Most Jewish readers are familiar with the concept of Shabbat and many already celebrate some aspects of the holiday. Shabbat offers a particularly appealing entree into traditional Jewish practice and Angels at the Table interweaves liturgical text, practical advice, information, anecdote and history to provide a perfect introduction for anyone who has ever wanted to tap into the Shabbat experience. In clear, straightforward language, it explains the myriad rituals, customs, praye

