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Titolo	Psychodynamic treatment of depression // Fredric N. Busch, M.D., Clinical Professor of Psychiatry, Weill Medical College of Cornell University, Faculty, Columbia University Center for Psychoanalytic Training and Research, New York, New York, Marie Rudden, M.D., Clinical Assistant Professor of Psychiatry, Weill Medical College of Cornell University, New York, New York, Training and Supervising Analyst, Berkshire Psychoanalytic Institute, Theodore Shapiro, M.D., Emeritus Professor of Psychiatry in Pediatrics, Weill Medical College of Cornell University, Training and Supervising Analyst, New York Psychoanalytic Institute, New York, New York
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Nota di contenuto	1. Introduction -- 2. Development of a psychodynamic model of depression -- 3. Overview of psychodynamic psychotherapy for depression -- 4. Getting started with psychodynamic treatment of depression -- 5. The middle phase of treatment -- 6. Addressing narcissistic vulnerability -- 7. Addressing angry reactions to narcissistic injury -- 8. The severe superego and guilt -- 9. Idealization and devaluation -- 10. Defense mechanisms in depressed patients -- 11. The termination phase -- 12. Psychodynamic approaches to depression with comorbid personality disorder -- 13. Managing impasses and negative reactions to treatment -- 14. Psychodynamic approaches to suicidality -- 15. Use of psychodynamic psychotherapy with other treatment approaches.

Psychodynamic Treatment of Depression addresses the use of psychodynamic psychotherapy, both alone and in combination with cognitive-behavioral, interpersonal, and medication treatments, as a method for reducing the psychological vulnerabilities that may predispose patients to persistent symptoms or recurrence of depression. Thoroughly revised and with new material, the second edition reflects changes codified in the DSM-5 classification and is intended for use by students, residents, or clinicians who are trained in the practice of psychotherapy. The authors' extensive clinical experience is thoroughly mined to provide techniques for tailoring the psychodynamic psychotherapeutic approach to patients with depression, and important topics such as narcissistic injury and vulnerability, guilt, defense mechanisms, and suicidality are addressed. The book is written in an accessible style and structured logically to support the acquisition and enhancement of psychotherapeutic skills through the systematic exploration of the psychodynamic model of depression.

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