

1. Record Nr.	UNINA9910464974403321
Autore	Berke Joseph H
Titolo	Why I hate you and you hate me : the interplay of envy, greed, jealousy, and narcissism in everyday life // Joseph H. Berke
Pubbl/distr/stampa	London : , : Karnac Books, , 2012
ISBN	0-429-90979-9 0-429-48502-6 1-283-59186-3 9786613904317 1-78241-024-4
Descrizione fisica	1 online resource (271 p.)
Disciplina	150.1952 808.02
Soggetti	Aggressiveness - Social aspects Envy - Social aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; INTRODUCTION; CHAPTER ONE Witches, giants and scary parents; CHAPTER TWO It's not fair; CHAPTER THREE Defile, defame, and devour; CHAPTER FOUR On seeking the source; CHAPTER FIVE On attacking femininity: womb envy; CHAPTER SIX On attacking masculinity: penis greed; CHAPTER SEVEN Envy and narcissism; CHAPTER EIGHT Gratitude and grateitute; CHAPTER NINE On sulking; CHAPTER TEN The resolution of malice; REFERENCES; INDEX
Sommario/riassunto	'Man' himself is the source of the dark forces against which he is constantly struggling. The book shows how is possible to transcend this basic malice by knowing how, what, why and when it arises. Envy, greed, jealousy and narcissism (the flip side of envy) are the essential components of the negative side of the self. Their positive counterparts are gratitude, generosity and compassion. Each element does not exist in isolation from the other. The interplay of these forces of hate and love create the underlying structure of our lives, which on a personal

level is called "character" and on
