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Nota di contenuto	The Integration of Animals Into the Therapy Process and Its Implications as a Unique Medium in Psychotherapy / Dror Oren and Nancy Parish-Plass -- The Animal as a Relational Medium: An Object Relations Approach to the Therapy Triangle in Animal-Assisted Psychotherapy / Nancy Paris-Plass and Dror Oren -- Projection and Projective Object in Child Animal-Assisted Psychotherapy / Rachel Ben David -- The Contribution of Animal-Assisted Psychotherapy to the Potential Space in Play Therapy / Nancy Parish-Plass -- Animal-Assisted Psychotherapy From an Attachment Perspective / Sigal Zilcha-Mano -- Elements of Group Psychotherapy Found in Individual Animal-Assisted Psychotherapy / Hadas Ish-Lev and Roni Amit -- The Therapy Zoo as a Mirror to the Psyche / Efrat Maayan -- Equine-Facilitated Psychotherapy: Practice, Theory, and Empirical Knowledge / Keren Bachi -- Dilemmas, Questions, and Issues Concerning the Integration of Animals Into the Psychotherapy Setting / Nancy Paris-Plass and Dror Oren -- The Unique Ethical Stance of Animal-Assisted Psychotherapy / Rachel Ben David -- Why Israel? A Unique Direction in the Development

of the Definition and Practice of Animal-Assisted Psychotherapy / Nancy Parish-Plass and Sari Bar-On -- Life Cycle Analysis of the Equine-Facilitated Psychotherapy Field / Keren Bachi -- Is Animal-Assisted Psychotherapy a Profession? The Consolidation of the Professional Identity of the Animal-Assisted Psychotherapist in Israel / Sari Bar-On, Anna Shapiro, and Anat Gendelman -- The Relationship Between the Animalistic and the Artistic: A Therapeutic Model Integrating Animal-Assisted Psychotherapy With Art Therapy / Efrat Maayan and Elana Lakh -- "What Does the Turtle Have Inside Its House?" Animal-Assisted Psychotherapy With Foster Children / Shira Hellmann -- "Take Me Under Your Wing" -- Love in Animal-Assisted Psychotherapy: A Clinical Perspective on the Unique Therapeutic Bond Between Animals and Humans / Sarit Lev-Bendov and Inbar Barel -- Animal-Assisted Group Psychotherapy for Children / Orit Harel -- Conclusion -- Appendix A. The Child and the Animal and the Potential Space Between: A Comparison of Animal-Assisted Education and Animal-Assisted Psychotherapy -- Appendix B. Roles of Animals in Animal-Assisted Psychotherapy -- Appendix C. Code of Ethics: The Israeli Association of Animal-Assisted Psychotherapy -- Appendix D. The 18th Session of the Israeli Knesset -- Appendix E. Representative Certificate Program in Animal-Assisted Psychotherapy.

Sommario/riassunto

"The use of animals by psychotherapists has been a growing trend. Psychological problems treated include emotional and behavioral problems, attachment issues, trauma, and developmental disorders. An influential 1970s survey suggests that over 20 percent of therapists in the psychotherapy division of the American Psychological Association incorporated animals into their treatment in some fashion. Anecdotal evidence suggests that the number is much higher today. Since Yeshiva psychologist Boris Levinson popularized the use of animals in the 1960s, Israel has come to be perhaps the most advanced country in the world in the area of animal-assisted psychotherapy (AAP). This is true especially in the area of training programs, theory-building, and clinical practice. Great effort has been put into understanding the mechanisms behind AAP, as well as into developing ethical guidelines that take into account the therapist's responsibility toward both client and animal. This book exposes the world to the theory and practice of AAP as conceived and used in Israel. It emphasizes evidence-based and clinically sound applications, differentiating between AAP, a psychotherapeutic approach, and AAE (animal-assisted education) and AAA (animal-assisted activities), both of which are psychoeducational. Not anyone and his/her dog can become an animal-assisted therapist, and this volume demonstrates not only the promise of animal-assisted psychotherapeutic approaches, but also some of the challenges the field still needs to overcome to gain widespread legitimacy"--
