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Suicide and Over-Responsibility and Guilt; Suicidal Thoughts in Children; Signs of Suicidal Feelings; What Can We Do for the Children?; A Suicide Summary; Chapter 3 Breaking the Silence on AIDS Facts about AIDS Define AIDS for Children; Children Worry about AIDS; Siblings Worry about AIDS; What Can We Do for the Children?; Chapter 4 Breaking the Silence on Homicide and Other Violent Crimes; Violence and the Media: The Effect on Children; Facts about Children and Violence; A Child's Journey through Violent Crime; Normal Responses to Homicide and Other Violent Crimes; America's Killing Fields; What Can We Do for the Children?; Chapter 5 Breaking the Silence on Abuse; Facts about Abuse; Reporting Child Abuse; Emotional Abuse: Words Hurt-The Story of Sammy Explain Verbal Abuse to Children Sexual Abuse: The Loss of the Protection of the Adult World; Ways to Help Children with the Issue of Sexual Abuse; Abandonment and Physical Abuse: Harold's Childhood; What Can We Do for the Children?; Chapter 6 Breaking the Silence on Bullying; School Shootings: Bullying as the Underlying Cause; Bullying: Facts about Bullies and Victims; Ways to Talk to Children about Bullying; Children Can Help Themselves with Bullying; Educators and Parents Can Help Children with Bullying; What Can We Do for the Children?; Part III Techniques Chapter 7 Techniques for Complicated Grief Create a Feeling of Normalcy; Provide Symbolic Expressions of Commemorating; Ways to Facilitate Symbolic Projection through Use of Concrete Objects; Explore Dreams; Ways to Work with Dreams; Use Drawings and Storytelling; Ways to Help Children with Storytelling; Visualization Techniques; Procedure for Visualization; Silence; Memory Work; Tools for Memory Work with Children; Summary of Ways to Help Children; Chapter 8 Saying Goodbye: Ways to Include Children in a Funeral or Memorial; Opening a Memorial Service to Children; Preparing the Community Preparing the School

Sommario/riassunto

The second edition of this bestselling book is designed for mental health professionals, educators, and the parent/caregiver, this book provides specific ideas and techniques to work with children in various areas of complicated grief. It presents words and methods to help initiate discussions of these delicate topics, as well as tools to help children understand and separate complicated grief into parts. These parts in turn can be grieved for and released one at a time. A new chapter is included, called "Communities Grieve: Involvement with Children and Trauma." It includes informati