

1. Record Nr.	UNINA9910464670903321
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Titolo	Let thy food be thy medicine : plants and modern medicine // Kathleen Hefferon
Pubbl/distr/stampa	New York : , : Oxford University Press, , 2012 ©2012
ISBN	0-19-987398-4
Descrizione fisica	1 online resource (194 p.) : ill., maps
Disciplina	615.3/21
Soggetti	Materia medica, Vegetable Herbs - Therapeutic use Ethnobotany Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Formerly CIP.
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	Hefferon addresses the myths and popular beliefs surrounding the application of plants in human health, revealing both their truths and inaccuracies, and provides an overview of the technologies scientists are using to further their research.