Record Nr. UNINA9910464619303321 Autore Breitbart William <1951-> Titolo Individual meaning-centered psychotherapy for patients with advanced cancer: a treatment manual // William S. Breitbart, Shannon R. Poppito Pubbl/distr/stampa Oxford, [England];; New York, New York:,: Oxford University Press,, 2014 ©2014 **ISBN** 0-19-938068-6 0-19-938794-X Descrizione fisica 1 online resource (113 p.) Disciplina 616.99/40651 Soggetti Mental healing Cancer - Treatment Imagery (Psychology) Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Individual Meaning-Centered Psychotherapy for Patients with Advanced Cancer A Treatment Manual; Copyright; Contents: Acknowledgments; Preface; Session 1.Concepts and Sources of Meaning: Session 2. Cancer and Meaning: Identity before and after Cancer Diagnosis; Session 3. Historical Sources of Meaning: Life as a Living Legacy: A Legacy That Has Been Given and a Legacy That One Lives an; Session 4. Attitudinal Sources of Meaning: Encountering Life's Limitations; Session 5. Creative Sources of Meaning: Creativity, Courage, and Responsibility Session 6. Experiential Sources of Meaning: Connecting with Life through Love, Beauty, and Humor Session 7. Transitions: Final Reflections and Hopes for the Future; References; Handouts; Homework/Experiential Exercises; Index Sommario/riassunto The importance of spiritual well-being and the role of ""meaning"" in

> moderating depression, hopelessness and desire for death in terminally-ill cancer and AIDS patients has been well-supported by research, and has led many palliative clinicians to look beyond the role

of antidepressant treatment in this population. Clinicians are focusing on the development of non-pharmacologic interventions that can address issues such as hopelessness, loss of meaning, and spiritual well-being in patients with advanced cancer at the end of life. This effort led to an exploration and analysis of the work of V