

1. Record Nr.	UNINA9910464615403321
Titolo	Positive and negative outcomes of sexual behaviors // Eva S. Lefkowitz, Sara A. Vasilenko, editors
Pubbl/distr/stampa	San Francisco, California : , : Jossey-Bass, , 2014 ©2014
ISBN	1-118-93038-X 1-118-93039-8
Descrizione fisica	1 online resource (115 p.)
Collana	New Directions for Child and Adolescent Development, , 1520-3247 ; ; Number 144
Disciplina	306.70835
Soggetti	Youth - Sexual behavior Youth - Sexual behavior - Research Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Positive and Negative Outcomes of Sexual Behaviors; CONTENTS; A MESSAGE FROM THE NEW EDITOR-IN-CHIEF; 1 Is Sexual Behavior Healthy for Adolescents? A Conceptual Framework for Research on Adolescent Sexual Behavior and Physical, Mental, and Social Health; A Model of Sexual Behavior and Health in Adolescence; Research on Health Outcomes of Sexual Behavior; Physical Health; Mental Health; Social Health; Perceptions and Mental Health/Social Health; Areas for Future Research; References; 2 Outcomes of Sexual Behaviors Among Sexual Minority Youth; Sexual Behaviors Among Sexual Minority Youth Physical Outcomes Psychological and Emotional Outcomes; Identity Outcomes; Future Directions; References; 3 Linking Online Sexual Activities to Health Outcomes Among Teens; Sexual Development in the Context of Online Sexual Activity; Uptake of Online Sexual Activities Among Youth; Accessing Web-Based Sexual Information; Texting and "Sexting"; Online Dating; Role-Playing Games; Sexually Explicit Media; Summarizing Past Research on Sex-Based Technologies and Sexual Outcomes; Research Linking Online Sexual Activities to Health Outcomes; Implications; References

4 The Complexities of Adolescent Dating and Sexual Relationships: Fluidity, Meaning(s), and Implications for Young Adults' Well-Being; Estimating the Prevalence of Adolescents' Dating and Sexual Relationships; Consequences of Dating and Sexual Relationships for Adolescents; Current Investigation; Data; Depicting Adolescents' Dating and Sexual Experiences; Adolescents' Dating and Sexual Experiences and Young Adults' Well-Being; Conclusion; References; 5 Sexual Learning, Sexual Experience, and Healthy Adolescent Sex; A Discursive Definition of Sexual Health and Healthy Sex; Sexual Learning and Informal/Formal Sex Education; Sexual Learning and Life Course Sexual Development; Sexual Learning, Sexual Display, and Sexual Modesty; Other Experiential Sources of Sexual Learning; Conclusion; References; 6 Healthy Sex and Sexual Health: New Directions for Studying Outcomes of Sexual Health; Sexual Behavior as a Life Event; Moving Beyond the Risk Perspective; Physical Health; Mental Health; Social Health; Identity Development; Intraindividual and Interindividual Differences in Outcomes; Subjective Appraisals of Sexual Behavior; Individual Differences in Outcomes of Sexual Behaviors; The Importance of the Relationship Context; Online Sexual Behavior; Future Directions; References; INDEX; EULA

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Sommario/riassunto

Developing healthy sexual behaviors is critical to adolescents' wellbeing. While more emphasis has been on negative outcomes, there are broad positive implications for physical health, mental health, intimate relationships, and identity development. To fully understand the impact, we need to understand both. In addition, the impact of sexual behavior is not universal, but may differ based on individuals' demographic, relational, contextual, and attitudinal factors. This volume provides a framework for understanding the complex role of sexual behavior in adolescents' lives, with a

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