Record Nr. UNINA9910464577703321 Autore Nash Michael (Michael Joseph) Titolo Physical health and well-being in mental health nursing: clinical skills for practice / / Michael Nash Berkshire, England:,: Open University Press:,: McGraw-Hill Pubbl/distr/stampa Education, , 2014 ©2014 **ISBN** 0-335-26287-2 Edizione [Second edition.] Descrizione fisica 1 online resource (258 p.) Disciplina 610.7368 Soggetti Psychiatric nursing Mentally ill - Diseases Mentally ill - Health and hygiene Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Physical Health and Well-Being in Mental Health Nursing: Clinical Skills for Practice; Physical Health and Well-Being in Mental Health Nursing: Clinical Skills for Practice; Praise for this book; Contents; About the author: Acknowledgements: Abbreviations and acronyms: Part 1 Introducing physical health and mental illness; 1 An introduction to physical health in mental illness; 2 An introduction to key concepts in measuring health and illness; 3 Principles of physical health assessment in mental health care; Part 2 Physical assessment skills for practice 4 Clinical skills for physical assessment in mental health settings5 Physical assessment: assessing cardiovascular health: 6 Assessing respiratory health in mental health; 7 Assessing nutrition, diet, and

physical activity; Part 3 Physical health and well-being in practice; 8 Medication, adverse drug reactions, and physical health: 9 Physical health emergencies in mental health settings; 10 Practical steps in improving the physical health of people with severe mental illness:

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Sommario/riassunto This book was the first of its kind to focus on providing mental health nurses with the core knowledge they need.