

1. Record Nr.	UNINA9910464368603321
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Titolo	Psychotherapy for the Advanced Practice Psychiatric Nurse : A How-to Guide for Evidence-based Practice / / Kathleen Wheeler
Pubbl/distr/stampa	New York : , : Springer Publishing Company, LLC, , 2014 ©2014
ISBN	1-78539-309-X 0-8261-1008-8 9780826110008
Edizione	[Second edition.]
Descrizione fisica	1 online resource (753 pages)
Disciplina	616.890231
Soggetti	Psychiatric nursing Psychotherapy Psychopharmacology Evidence-based nursing Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The nurse psychotherapist and a framework for practice -- The neurophysiology of trauma and psychotherapy -- Assessment and diagnosis / by Pamela Bjorklund -- The initial contact and maintaining the frame -- Supportive and psychodynamic psychotherapy -- Eye movement desensitization and reprocessing therapy -- Motivational interviewing / by Edna Hamera -- Cognitive behavioral therapy / by Sharon Morgillo-Freeman -- Interpersonal psychotherapy / by Kathleen Wheeler, Patricia D. Barry -- Humanistic-existential and solution-focused psychotherapy / by Candice Knight -- Group therapy / by Richard Pessagno -- Family therapy / by Candice Knight -- Stabilization for trauma and dissociation -- Dialectical behavioral therapy for complex trauma / by Barbara Limandri -- Psychopharmacotherapy and psychotherapy / by Lisabeth Johnston -- Psychotherapeutic approaches for addictions and related disorders / by Susie Adams, Deborah Antai-Otong -- Psychotherapy with children / by Kathleen Delaney, with Janiece DeSocio, Julie A. Carbray --

**Psychotherapy with older adults / by Georgia Stevens, Merrie Kaas, Kristin Hjartardottir -- Reimbursement and documentation / by Mary Moller -- Termination and outcome evaluation.**

**Sommario/riassunto**

This is a holistic, evidence-based approach to practicing psychotherapy for both the experienced and neophyte advanced practice nurse. Integrating neuroscience with psychotherapeutic theory, this award-winning text presents clear, step-by-step guidelines for techniques that reflect the wealth of experience garnered by Dr. Wheeler, an APN clinician of many years. The book unites disparate psychotherapeutic approaches into a model that is concise and straightforward, yet sufficiently comprehensive to provide a framework for practice that highlights the most useful models, principles, and techniques.