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16. The Link Between Posttraumatic Growth and Forgiveness: An Intuitive Truth
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Sommario/riassunto

Posttraumatic growth is an area in which investigations are now being undertaken in many different parts of the world. The view that individuals can be changed--sometimes in radically good ways--by their struggle with trauma is ancient and widespread. However, the systematic focus by scholars and clinicians on the possibilities for growth from the struggle with crisis is relatively recent. There are now a growing number of studies and scholarly papers on the antecedents, correlates, and consequences of posttraumatic growth, and there are also theoretical models that can help guide the research
