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Titolo	Treating psychosis : a clinician's guide to integrating acceptance & commitment therapy, compassion-focused therapy & mindfulness approaches within the cognitive behavioral therapy tradition // Nicola P. Wright [and five others] ; cover design by Amy Shoup ; edited by Jean Blomquist
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Sommario/riassunto	Psychosis can be associated with a variety of mental health problems, including schizophrenia, severe depression, bipolar disorder, anxiety,

and post-traumatic stress disorders. While traditional treatments for psychosis have emphasized medication-based strategies, evidence now suggests that individuals affected by psychosis can greatly benefit from psychotherapy. Treating Psychosis is an evidence-based treatment guide for mental health professionals working with individuals affected by psychosis. Using a cognitive behavioral therapy (CBT) approach that incorporates acc
