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Titolo	Fear : a dark shadow across our life span // by Salman Akhtar
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE EDITOR AND CONTRIBUTORS; INTRODUCTION; PROLOGUE; CHAPTER ONE Fear, phobia, and cowardice; SIX MAIN FEARS OF OUR LIVES; CHAPTER TWO Fear of breakdown; CHAPTER THREE Fear of aloneness; CHAPTER FOUR Fear of intimacy; CHAPTER FIVE Fear of injury; CHAPTER SIX Fear of success; CHAPTER SEVEN Fear of death; EPILOGUE; CHAPTER EIGHT Fear across the life span; REFERENCES; INDEX
Sommario/riassunto	Beginning with Freud's celebrated case of Little Hans, psychoanalysts and psychotherapists have been intrigued with the topic of fear. Eclipsed in theoretical writings by the term 'anxiety', fear remains a pervasive expression in day to day clinical work. Patients constantly talk about it. One implores that we cure him of his fear of dogs. Another offers the fear of aloneness as the rationale of her staying in a bad marriage. Yet another avoids all athletic activity due to the fear of physical injury. And a fourth one lives in utter denial of passing time to avoid facing his fear of death. Despite its ubiquitous presence, fear has received little direct attention in psychoanalytic literature. This book aims to fill this lacuna. It explicates various intensities of fear, e.g. apprehension, dread, panic, and terror. It delineates the boundaries

between fear and anxiety and demonstrates how phobic states constitute an admixture of these two emotions.

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