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Chaos Theory of Careers Approach"; ""10 When Goal Setting Helps and Hinders Sustained, Desired Change"; ""11 The Goals Behind the Goals: Pursuing Adult Development in the Coaching Enterprise"; ""12 GROW Grows Up: From Winning the Game to Pursuing Transpersonal Goals"; ""13 Goals in Mentoring Relationships and Developmental Networks"" ""14 Emergent Goals in Mentoring and Coaching""""15 Goal Setting in a Layered Relationship Mentoring Model"; ""16 Working With Emergent Goals: A Pragmatic Approach"; ""17 The Way Forward: Perspectives from the Editors"; ""Index""

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Sommario/riassunto

What is there in developmental relationships beyond setting and striving to achieve goals? The presence of goals in coaching and mentoring programs has gone largely unquestioned, yet evidence is growing that the standard prescription of SMART, challenging goals is not always appropriate - and even potentially dangerous - in the context of a complex and rapidly changing world. Beyond Goals advances standard goal-setting theory by bringing together cutting-edge perspectives from leaders in coaching and mentoring. From psychology to neuroscience, from chaos theory to social network theory, the co

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