

1. Record Nr.	UNINA9910463672203321
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Titolo	Dancing word [[electronic resource]] : an embodied approach to the preparation of performers and the composition of performances // Daniel Mroz
Pubbl/distr/stampa	Amsterdam, : Rodopi, 2011
ISBN	1-283-16218-0 9786613162182 94-012-0026-2
Descrizione fisica	1 online resource (215 p.)
Collana	Consciousness, literature & the arts, , 1573-2193 ; ; 30
Disciplina	796.8
Soggetti	Dance Performance art - Technique Performance art Martial arts - China Martial arts in art Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Preliminary Material -- List of Figures -- Preface -- Foreword -- Introduction -- Beginnings in Embodied Learning -- Chinese Martial Arts -- Principles of Performer Preparation -- The Principles of Performance Composition -- The Practice of Performer Preparation and Performance Composition -- Performance Pedagogy in Practice -- Martial Movement Training and Consciousness -- References.
Sommario/riassunto	The product of over eighteen years of embodied research by the author, The Dancing Word presents a systemic and phenomenological description of a contemporary intercultural theatre practice. This volume offers a blueprint for both training and collaborative performance creation that integrates the best of western laboratory theatre with the practice and ontological underpinnings of Chinese martial (Wushu) and healing/self care (Qigong) arts. This is a book for theatre practitioners, students, scholars, and those interested in exploring transcultural methodologies.

