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Students References CHAPTER FOUR: The Task-Centered Model Introduction Historical Development Theoretical Assumptions The Task-Centered Model and the Helping Process Applicability of Task-Centered Work Compatibility with Social Work Values and Ethics, Systems and Strengths Perspectives Case Example Stories from the Field Student Application of Skills Strengths and Limitations Conclusion Resources for Students References CHAPTER FIVE: Conflict Theory Introduction Historical Development of Conflict Theory Dialectical Materialism Macro Case Example Mezzo Case Example Application of Conflict Theory to Social Work Practice Stories from the Field Student Application of Skills Strengths and Limitations of Conflict Theory Conclusion Resources for Students References CHAPTER SIX: Humanism and Client-Centered Theory Introduction A Historical Discussion of **Client-Centered Theory Client-Centered Theory: Theoretical Principles** Client-Centered Theory: Key Concepts Stories from the Field Application of Client-Centered Theory within Social Work Practice Case Example Student Application of Skills Strengths and Limitations of Humanism Conclusion Resources for Students References CHAPTER SEVEN: Cognitive and Behavioral Theories Introduction A Historical Discussion of Behaviorism and Cognitive Theory Cognitive and Behavioral Theories: Key Concepts Cognitive Behavioral Therapy (CBT) Stories from the Field Application of Cognitive Behavioral Therapy within Social Work Practice Case Example Student Application of Skills Benefits and Limitations of the Cognitive and Behavioral Theories Conclusion Resources for Students References CHAPTER EIGHT: Empowerment Theory Introduction Basic Assumptions of the Empowerment Perspective Development of Empowerment in Social Work Historical Example Contemporary Examples of the Need for Empowerment Social Work with Groups and Empowerment Case Example Stories from the Field Student Application of Skills Strengths and Limitations of Empowerment Theory Conclusion Resources for Students References CHAPTER NINE: Narrative Theory Introduction A Historical Discussion of Narrative Theory Narrative Theory: Theoretical Assumptions Narrative Theory: Key Concepts Application of Narrative Theory within Social Work Practice Case Example Stories from the Field Stories from the Field Student Application of Skills Strengths and Limitations of Narrative Theory Conclusion Resources for Students References CHAPTER TEN: Solution-Focused Brief Therapy Introduction Theoretical Assumptions of SFBT Historical Development Use of the SFBT in the Helping Process Case Example Stories from the Field Student Application of Skills Strengths and Limitations of the Solution-Focused Model Conclusion Resources for Students References CHAPTER ELEVEN: Crisis Theory Introduction A Brief History of Crisis Theory Levels of Crisis Stages of Experiencing and Resolving a Crisis Case Example Critical Necessities of Each Stage The Critical Incident Stress Debriefing and Management Protocol Stories from the Field Student Application of Skills Strengths and Limitations of Crisis Theory Conclusion Resources for Students References CHAPTER TWELVE: Feminist and Critical Theories By Andrea N. Cimino, MSW, PhD Introduction Historical Foundation and Overview of Critical Theory Basic Principles of Critical Theory Foundation and Historical Overview of Feminist Theory Basic Principles of Feminist Theory Similarities and Differences Key Concepts Principles of Feminist/Critical Theory within Social Work Practice Case Example Stories from the Field Student Application of Skills Criticisms of Feminist and Critical Theory Approaches Conclusion Resources for Students References Chapter Thirteen: Transtheoretical Model Introduction Historical Foundation and Overview The Stages of Change Key Concepts Basic Principles

	Motivational Interviewing Application Case Example Stories from the Field Student Application of Skills Strengths and Limitations of TTM and Motivational Interviewing Conclusion Resources for Students References CHAPTER FOURTEEN: Theory and Practice: Pulling it all Together.
Sommario/riassunto	"The authors begin with an overview how theories are used in social work practice. The book then covers twelve evidence-based theories that are most commonly used by social workers with an undergraduate degree only: ecological & systems theory, stengths perspective, task- centered appraoch, conflict theory, humanistic & client centered, cognitive and behavioral theories, empowerment theory, constructivism, narrative theory, solution focused brief therapy, crisis theory, and critical and feminist theory"