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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; List of abbreviations; Normal ranges; Section 1 Snoring and sleep-disordered breathing; Cases 1-24; Section 2 Snoring and OSA: role of dental and ENT surgeons; Cases 25-34; Section 3 Neurological sleep disorders; Cases 35-45; Section 4 Insomnia and circadian rhythm disorders; Cases 46-55; List of cases by diagnosis; List of cases by principal clinical features at diagnosis; List of cases by aetiological mechanisms; Index
Sommario/riassunto	This book provides a case-based illustrative approach to the understanding and management of common and important sleep disorders, including snoring and sleep disordered breathing, insomnia and circadian-rhythm disorders, as well as primary neurological sleep disorders. Case histories are written by well-established experts from University College London Hospitals who have long-standing experience of providing a multi-disciplinary approach to the management of sleep disorders. Cases focus on the recognition of presenting features of sleep disorders and their clinical importance, using real life