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Titolo	Cognitive behavioural approaches to the understanding and treatment of dissociation // edited by Fiona Kennedy, Helen Kennerley and David Pearson
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Altri autori (Persone)	KennedyFiona (Fiona Clare) KennerleyHelen PearsonDavid (David G.)
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Nota di contenuto	Cover ; Cognitive Behavioural Approaches to the Understanding and Treatment of Dissociation; Title Page ; Copyright Page ; Table of Contents ; Contributors; How to use this book; Foreword ; Preface ; 1 The development of our understanding of dissociation ; 2 Dissociation, personality and psychopathology: A cognitive approach ; 3 Can the foundations of dissociation be found in childhood? ; 4 The brain and memory ; 5 The brain, neuropsychology and dissociation ; 6 Imagery and dissociation ; 7 Dissociation and memory fragmentation ; 8 The eating disorders and dissociation 9 The role of dissociation in psychosis: Implications for clinical practice 10 Dissociation and somatoform disorders ; 11 Dissociative experiences in patients with borderline personality disorder ; 12 Understanding and treating depersonalization disorder ; 13 Unravelling the mystery of dissociative identity disorder: A case example and therapist's journey; 14 An evolutionary and compassion-focused approach to dissociation ; 15 Trauma-related dissociation: Theory and

treatment of dissociation of the personality

16 Dissociation: Perceptual control theory as an integrative framework for clinical interventions  
17 Dissociation from an acceptance-oriented standpoint;  
18 Summary and conclusions; Glossary; References; Index

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Sommario/riassunto

"The study of dissociation is relevant to anyone undertaking research or treatment of mental health problems. Cognitive Behavioural Approaches to the Understanding and Treatment of Dissociation uses a cognitive approach to de-mystify the processes involved in linking traumatic incidents to their effects. Kennedy, Kennerley and Pearson present a full and comprehensive understanding of mental health problems involving dissociative disorders and their treatment, bringing together an international range of experts. Each chapter addresses a single topic in full, including assessment of previous research from a cognitive perspective, recommendations for treatment and case studies to illustrate clinical approaches. Using an evidence-based scientific approach combined with the wisdom of clinical experience, the authors make the relevance of dissociation immediately recognisable to those familiar with PTSD, dissociative identity disorder, eating disorders, hallucinations and a wide range of psychological and non-organic physical health disorders. Designed to provide new perspectives on both research and treatment, Cognitive Behavioural Approaches to the Understanding and Treatment of Dissociation includes a wide range of material that will appeal to clinicians, academics and students"--

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