

1. Record Nr.	UNINA9910463417703321
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Titolo	Teens in crisis : how the industry serving struggling teens helps and hurts our kids // Frederic G. Reamer and Deborah H. Siegel
Pubbl/distr/stampa	New York : , : Columbia University Press, , 2008 ©2008
ISBN	0-231-51450-6
Descrizione fisica	1 online resource (193 p.)
Disciplina	362.7083
Soggetti	Youth - Services for - United States - Evaluation Problem youth - Education - United States Adolescent psychotherapy - Residential treatment - United States Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Frontmatter -- CONTENTS -- 1. The Invention of "Troubled Teens" -- 2. The Struggling-Teens Industry -- 3. A Legacy of Scandals -- 4. Helping Struggling Teens -- 5. A Blueprint for Reform -- Glossary -- Notes -- References -- Index
Sommario/riassunto	In recent years a dizzying array of programs has emerged to meet the needs of struggling teens and their families-wilderness therapy programs, therapeutic boarding schools, alternative schools, mentoring and court diversion programs, independent living programs, and myriad day treatment and partial hospitalization services. Yet not all of these offerings employ mental health professionals or follow evidence-based treatment protocols. Some programs are licensed and accredited, but many are not, and some use techniques that are highly controversial, even abusive, resulting in injury and accidental death. Frederic G. Reamer and Deborah H. Siegel have written the first scholarly book on this influential and controversial industry. They begin with a time line of Americans' changing attitudes toward challenging teens and the programs and schools established to handle this population. Then they summarize reputable organizations, including a selection of community-based and residential programs and schools,

and provide brief descriptions of typical services. The authors candidly discuss a number of troubling scandals and tragedies, exposing the tragic consequences of emotionally and physically abusive practices, and recommend a range of empirically sound interventions for the clinical challenges of adolescent depression, bipolar disorder, anxiety, oppositional behavior, eating disorders, and attention-deficit/hyperactivity disorder. The authors conclude with a blueprint for reform and twenty "best practice" principles relating to harm prevention, program-based discipline, industry regulation, quality assurance, parental involvement, staff education, and after-care services.
