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Titolo	Maneje todos los aspectos de su vida [[electronic resource] /] / Marian N. Ruderman ... [et al.]
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ISBN	1-60491-169-7
Descrizione fisica	1 online resource (35 p.)
Collana	Manual "Ideas en accion"
Altri autori (Persone)	RudermanMarian N
Disciplina	306.3/61 646.7
Soggetti	Life skills Electronic books.
Lingua di pubblicazione	Spagnolo
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Livello bibliografico	Monografia
Note generali	"Originally published in English as Managing Your Whole Life, Copyright 2013"--T.p. verso.
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Nota di contenuto	Maneje todos los aspectos de su vida; Manuales "Ideas en accion"; La serie de manuales "Ideas en accion"; Indice; Introduccion; La division entre el trabajo y la vida personal; La importancia de manejar los limites entre el trabajo y la vida personal; Una nueva manera de manejar los limites entre el trabajo y la vida personal; Construya su propia manera de manejar los limites; Mejore la manera en que maneja los limites; Conclusiones; Antecedentes; Recursos sugeridos; Informacion sobre pedidos
Sommario/riassunto	Managing the demands of the workplace and the responsibilities of the rest of your life can be tricky, especially when you're a driven leader who wants to succeed. This book will show you how to successfully establish and manage work-life boundaries so that you can be more successful at work and at home.