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Titolo	Addictions from an attachment perspective : do broken bonds and early trauma lead to addictive behaviours? // by Richard Gill
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Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE EDITOR AND CONTRIBUTORS; INTRODUCTION; CHAPTER ONE Attachment theory and The John Bowlby Memorial Lecture 2013: a short history; CHAPTER TWO Addiction: treatment and its context; CHAPTER THREE The Self-Medication Hypothesis and attachment theory: pathways for understanding and ameliorating addictive suffering; CHAPTER FOUR Alcohol misuse, attachment dilemmas, and triangles of interaction: a systemic approach to practice; CHAPTER FIVE Taking the toys away: removing the need for self-harming behaviour CHAPTER SIX Using "intent" to remedy mal-attachment CHAPTER SEVEN Struggling with abstinence; CHAPTER EIGHT Technology, attachment, and sexual addiction; CHAPTER NINE Gambling addiction: seeking certainty when relationship is the risk; APPENDIX I Reading list; APPENDIX II The Bowlby Centre; INDEX
Sommario/riassunto	This outstanding book is an important collection of papers from the 2013 John Bowlby Memorial Conference by accomplished clinicians

from different modalities who share their experience of working with people with different kinds of addiction. The papers bring together an in-depth understanding that addictions are a response to, and hold the pain of, broken attachments and are best treated within healthy interpersonal relationships. For a long time the person with an addiction has been seen as the problem with society being able to live in denial of the causes. These papers open up innovative and effective ways of working with people troubled by addiction from an attachment-informed perspective. Contributors: Cara Crossan, Richard Gill, Lynn Greenwood, Bob Johnson, Liz Karter, Edward Khantzian, Arlene Vetere, Kate White, Jason Wright.

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