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Titolo	Living on the edge [[electronic resource]] : breaking up to break down to breakthrough / / Elizabeth Wilde McCormick
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Nota di contenuto	Cover; Contents; Introduction; Part I - Mapping the Edge; Chapter 1 - General Images and Definitions of the Edge; Chapter 2 - Naming Our Individual Edges; Chapter 3 - Maps of Being; Chapter 4 - Paths of Initiation; Part II - Aspects of the Edge; Chapter 5 - Preparing to Explore the Edge; Chapter 6 - Chaos; Chapter 7 - Exhaustion: When the Well Runs Dry; Chapter 8 - Loss and Fear of Loss; Chapter 9 - Grey Melancholy and Black Depression; Chapter 10 - Anger and Rage; Chapter 11 - Vulnerability; Chapter 12 - Aloneness and Alienation; Chapter 13 - Meeting the Trickster; Chapter 14 - Waiting Part III - Dangers of the EdgeChapter 15 - False Gods; Part IV - Stepping Stones and Safe Places for the Edge; Chapter 16 - Stepping Stones and Safe Places; Further Reading
Sommario/riassunto	'Living On The Edge' shows how these edges are useful, creative thrilling, even sometimes dangerous, but always they yield something. The work can be seen as the first psychology of edges, for individuals and the society and times we live in.