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Nota di contenuto	section 1. Developmental cognitive theory and clinical practice -- section 2. Engagement and assessment -- section 3. Client groups -- section 4. Cognitive approaches to children facing adversity -- section 5. Applications in specific child and adolescent syndromes -- section 6. Cognitive behaviour therapy : applications in preventive interventions -- section 7. New developments in cognitive behaviour therapy for children.
Sommario/riassunto	Now firmly established as the standard text on the subject, Cognitive Behaviour Therapy for Children and Families, 3rd edition incorporates new and updated material on many topics not covered in previous editions, including the use of low intensity treatment methods with families, the use of new technologies to deliver cognitive behaviour therapy (CBT), the development of mindfulness techniques for children and the use of CBT with ethnic minority groups. The international panel of contributors ensures the highly authoritative and relevant nature of the content, making this text an invaluable source for all child and

adolescent mental health professionals, including psychologists, psychiatrists, mental health nurses, family and individual psychotherapists, paediatricians and general psychiatrists.

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