

1. Record Nr.	UNINA9910463167603321
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Titolo	Walking to Africa // Jessica Le Bas
Pubbl/distr/stampa	Auckland, N.Z. : , : Auckland University Press, , 2009 ©2009
ISBN	1-77558-690-1 1-86940-531-5 1-77558-237-X
Descrizione fisica	1 online resource (169 p.)
Disciplina	821/.92
Soggetti	New Zealand poetry - 21st century Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Cover; Half-title; Title Page; Dedication; Epigraph; Table of Contents; 1. Was This the Beginning?; Summer; Autumn; Winter; Spring; Summer, by Another Name; 2. The Beyond; Beside Her; Talking to Doctor Beam; Safety Measures; She Says I Hate You; There Are Other Kids; What Next?; A Map of the World; Whatever; Birds in a Cage; 3. Perspectives (1); This is Bernard's Answer; Walking to Africa; Rooms; Being There; A Red Canvas; The Coffee Table; 4. Another Autumn; What Was It?; Home Leave; O Another Winter; The Angel/Nurse; Ducks; 5. Voices; 6. Cutting the Deck; A Long Way from Home Not the Fair GroundWhite, and Shades of Pale; The Darkest Place in the Universe; Aftermath; An Afternoon Walking; The E Word; Coming Up ...; 7. The Homecoming; ... Going Down; Another Ordinary Day Another Ambulance; 8. The Adult Inside the Child; The Adult Inside the Child is Asked to Come Out, Please Please Come Out Now; Finger Knitting; In the Adult Mental Health Unit; Noise(s); Cutting Connections; Sing-A-Long; 9. Visiting Hours; The Trick of Almost Winning; Harm's Way; Two Cats; Slice; 10. False Perception; The Colour Blue; Newly Discovered Sites on the Moon; Spells; And Sat Down Beside Her ... The News on Reality11. The Not-Great Escape; Out Patient, Out; Out Driving Round Town on Friday Night; Where is She?; Wash; Shade; 12.

Perspectives (2); What You Say; What They Say; How Things Lie; 13. Epilogue; Laptop; Your Right Arm; For Her, Poetry (i); For Her, Poetry (ii); Note and acknowledgements; Copyright

Sommario/riassunto

On an ordinary day, in ordinary New Zealand, an ordinary girl becomes extraordinary. Told through her mother's eyes, *Walking to Africa* follows the girl's journey through the strange, new and sometimes frightening world of mental health care. We meet specialists A through F, other kids, friends who want to help, an angel/nurse and the Ghostman ? alongside therapies and cures, strategies and rites. *Walking to Africa* is a fluid and unusual narrative collection of poetry that portrays a parent's experience of coming to terms with the new and frightening world of mental health care. Jessica Le
