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Contributions of Sports to Physical Development; Physical Activity Yield; Chapter 7. Social Development; Social Needs; Guidelines for Social Development Through Sports; Possibilities for Social Development

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Sommario/riassunto

A guidebook for adults involved in children's sports! Child Development Through Sports is a commonsense guide for anyone involved in children's sports, presenting thoughtful analysis with an emphasis on maximizing the development of a child's social, emotional, physical, and intellectual capabilities through sports. Written by Dr. James H. Humphrey, who has been involved in children's sports at every level for nearly 60 years, the book stresses the potential contribution sports participation can make to a child's development and the negative impact it can have if programs are not cond