

1. Record Nr.	UNINA9910463021203321
Titolo	The clinical effectiveness of neurolinguistic programming : a critical appraisal // edited by Lisa Wake, Richard M. Gray and Frank S. Bourke
Pubbl/distr/stampa	Milton Park, Abingdon, Oxon ; ; New York, N.Y. : , : Routledge, , 2013
ISBN	0-203-08366-0 1-299-15689-4 1-136-18664-6
Descrizione fisica	1 online resource (289 p.)
Collana	Advances in mental health research series
Altri autori (Persone)	BourkeFrank S. <1943-> GrayRichard M. <1943-> WakeLisa <1962->
Disciplina	616.8/0419
Soggetti	Neurolinguistic programming Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 241-267) and index.
Nota di contenuto	pt. 1. Clinical and practitioner evidence -- pt. 2. Neurolinguistic programming contemporary research -- pt. 3. Towards the future.
Sommario/riassunto	Despite widespread use, Neurolinguistic Programming (NLP) is a topic of much debate, often receiving criticism from academic and professional sectors. In this book international academics, researchers and therapists are brought together to examine the current evidence of the clinical efficacy of NLP techniques, considering how NLP can be effective in facilitating change, enrichment and symptom relief.Lisa Wake and her colleagues provide a critical appraisal of evidence-based research in the area to indicate the benefits of the approach and identify the need for an increase in randomi