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| 1. Record Nr.           | UNINA9910462970003321  |
| Autore                  | Choate Laura Hensley   |
| Titolo                  | Adolescent girls in distress [[electronic resource]] : a guide for mental health treatment and prevention // Laura H. Choate   |
| Pubbl/distr/stampa      | New York, N.Y., : Springer, c2013  |
| ISBN                    | 0-8261-0955-1  |
| Descrizione fisica      | 1 online resource (334 p.)   |
| Disciplina              | 616.89/140835  |
| Soggetti                | Adolescent psychology<br>Mental illness - Prevention<br>Mental illness - Treatment<br>Electronic books.  |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Girl power? : understanding girls' socialization through the lens of popular culture -- My world is spinning upside down : family, peer, school, and developmental upheavals -- A cloud of hopelessness : adolescent girls and depression -- Weighted down : disordered eating in adolescent girls -- Fitting in and numbing out : substance use disorders in adolescent girls -- Expressions of pain : counseling adolescent girls who engage in self-injury -- Violated and betrayed : sexual trauma and dating violence in adolescent girls -- Hope for the future : strengthening resilience in adolescent girls.    |
| Sommario/riassunto      | ""Contemporary culture promotes a 'hot and sexy' diva image to girls, encouraging inner emptiness, depression, and even risk for self-injury, but Adolescent Girls in Distress is exactly 'what the doctor ordered'- a well-researched, thoughtful, and systematic antidote empowering professionals to create the resilience, resourcefulness, and resistance needed to navigate and thrive in this girl-toxic culture. A must-read for anyone concerned about today's girls."". -Margo Maine , PhD, FAED, CEDS,. Eating Disorder Specialist and Author. Cultural stressors are affecting girls at increasingly younger |